

New Groups

Yoga

This new group will have vacancies for a new session next year. Please contact the Groups Organiser via the contact page to express your interest.

The Dartford u3a Quiz team is open to new members. Please contact the groups co-ordinator to obtain the organiser's phone number.

OUT AND ABOUT

Suggestions have been made regarding the formation of an "Out and About" group.

This would take the form of a monthly meeting for coffee on an agreed morning, e.g. 2nd Thursday of month, in an agreed cafe, e.g. John Lewis café, at 10.30 am. Numbers in the group would be limited to around 10 because of where they meet.

All members would come with at least one suggestion for a trip out, perhaps using public transport. This would be something they would like to do or somewhere they would like to go with other people, e.g. a museum, art gallery, restaurant, garden, theatre, film. If the trip involves a drive somewhere, then the person suggesting it should have a car and be willing to take people and organise other members with cars, sharing costs.

Examples of suggestions are:

"Next week the film Pressure is on in Bluewater and I'd like to go on Monday morning. Would anyone else like to come?"

"The Ellenor in Northfleet does afternoon teas. Would anyone else like to join me next month? We can decide the day if people are interested."

"There's a new restaurant opening in Bexleyheath. Would anyone like to go for lunch soon?"

"There's an exhibition of Wildlife Photography on at the Natural History Museum that I'd like to see. Anyone else interested?"

The only focus of the group would be going out together in small, friendly groups.

The group would need a leader, but only nominally. If members are not prepared to suggest and organise something (not every month) this is not for them.

If more than 10 people are interested, then a second group could form (Out and About 2).

If anyone is interested in helping to form and/or join this new *Out and About* group, please contact your Dartford Group Coordinator, Carole Neal.